

Fine Line Strip inserts

For the sample:

Sewing machine

1/4" sewing machine foot

Cut a piece of fabric approx. 5" x 7" (piece 1)

For the insert cut 1/2" strip in contrasting colour (piece 2)

Method: Cut your rectangle (piece 1) in half or at any point, straight or on a diagonal

- you now have two pieces – left and right – keep them together
- take your insert strip and attach to left side of your rectangle using your 1/4" seam allowance (image1)



image 1

- Press the seam on itself (towards the edge) (image 2)

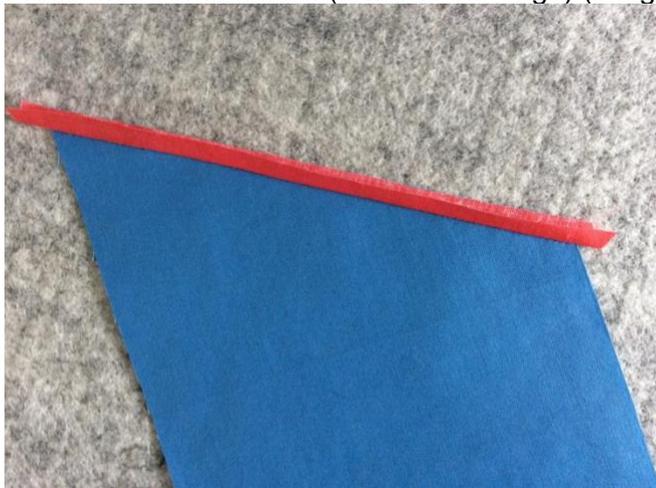


image 2

- Attach right side of your rectangle and line up, all the raw edges matching
- Turn your piece over so that the first stitching line is showing and **line up** your stitching line with **the inside** opening of the **left hand side** of the foot (1/8" spacing) (diagram 3)

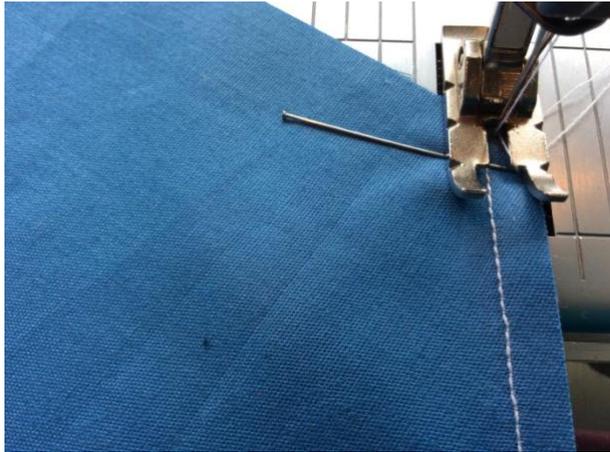


diagram 3

And machine stitch.

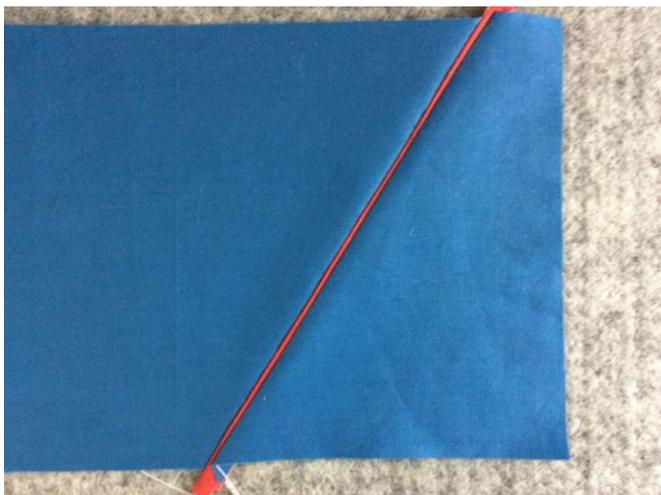
You should have 2 rows of stitching on one side and only one row of stitching on the other.



diagram 4

Press.

Your seam will go only in one direction. You can trim the insert if you do not want the bulk.



Finished fine line insert.

- When working on a project, always allow yourself extra fabric, so that you can trim to the correct size.

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Curved fine line inserts

- Cut your ½" contrasting strip on the bias
- Cut a free hand curve on your rectangle

Take your concave (left side) of your curve and machine stitch ¼" seam (diagram 1)
I find that it is easier to slowly ease the strip into the curve as you stitch, rather than pin



diagram 1

Press seam towards the edge.

Take your convex curve and line up with the piece, turn over and again line up the inside of your ¼" foot with the stitched line and machine stitch a second line – 1/8" wide spacing. (diagram 2)

This time it may help if you pin the layers together.



diagram 2

Finished fine line insert on a curve.



- When working on a project, always allow yourself extra fabric, so that when finished, you can trim to the correct size.

Dani Atkinson